

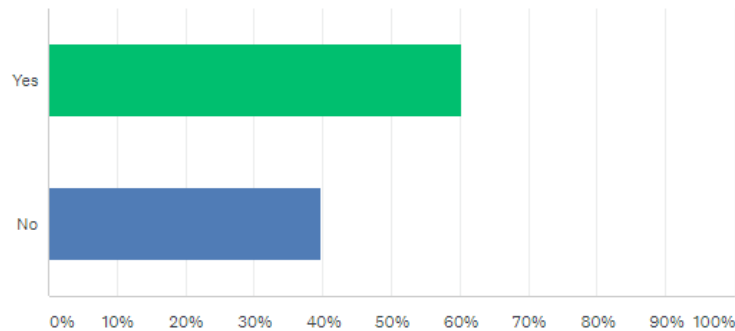
Warrior Bonfire Program Wounded Veteran Survey Coronavirus Pandemic

Survey results from 116 participating Purple Heart Veterans on April 29, 2020 on the effects the Stay At Home orders in place during the Coronavirus Covid-19 Pandemic. Results support the needs of the services the Warrior Bonfire Program provides. Being together in a small group of those experiencing the same challenges, creates motivation for healthier lifestyles and an overwhelming 79% show the need to return to a Bonfire Retreat when we are allowed to safely travel. Results show that being isolated has increased anxieties, medical/mental injury related symptoms, substance abuse, depression and sedentary habits.

Support our efforts at WarriorBonfireProgram.org/Donate

Has this “Stay At Home” isolation period been more difficult than expected

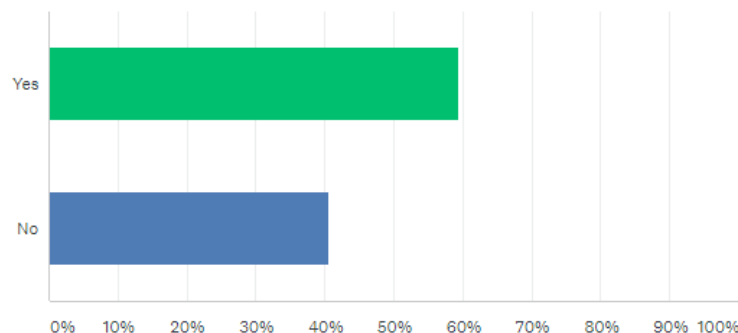
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ANSWER CHOICES	RESPONSES
Yes	60.34% 70
No	39.66% 46
TOTAL	116

Have you been feeling anxious about the future?

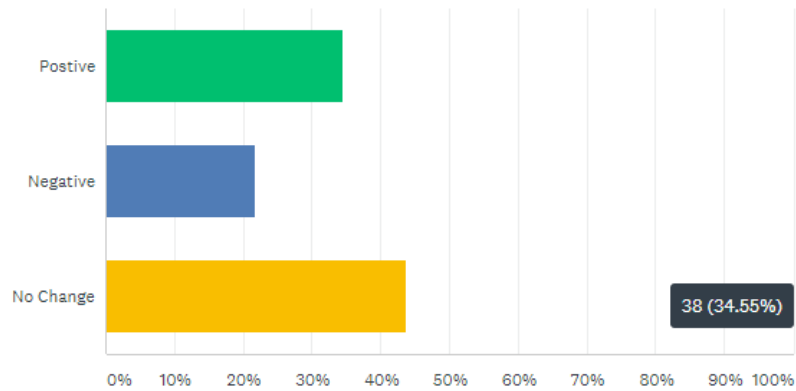
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ANSWER CHOICES	RESPONSES
Yes	59.48% 69
No	40.52% 47
TOTAL	116

If married or in a long-term relationship, has this time been positive or negative?

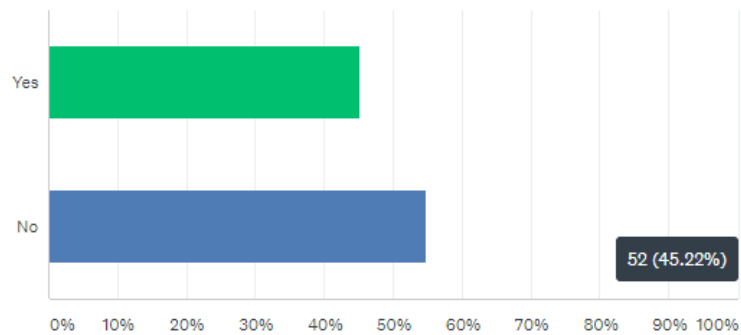
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ANSWER CHOICES	RESPONSES	
▼ Positive	34.55%	38
▼ Negative	21.82%	24
▼ No Change	43.64%	48
TOTAL		110

Has your income been effected negatively during the Coronavirus outbreak?

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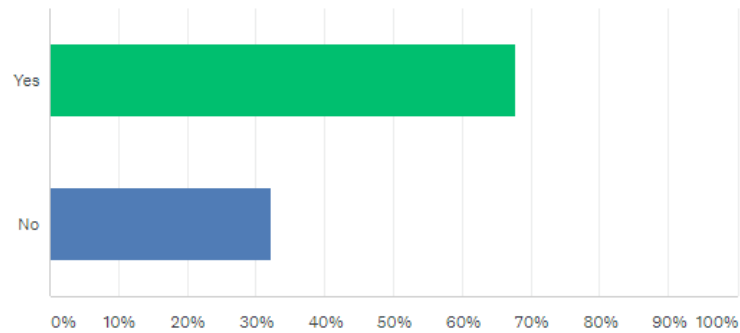


ANSWER CHOICES	RESPONSES	
▼ Yes	45.22%	52
▼ No	54.78%	63
TOTAL		115

“I was in a funk when I arrived, I was feeling down, worn out and just out of it. That all changed instantly as soon as I arrived.” ~ Purple Heart Ben S.

If you have ongoing or chronic symptoms from PTS, TBI or other medical/mental issues, have your symptoms increased?

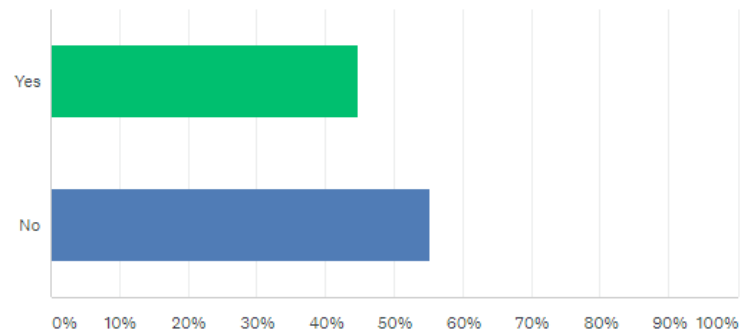
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ANSWER CHOICES	RESPONSES
Yes	67.83% 78
No	32.17% 37
TOTAL	115

Have you increased your use of alcohol or other substance use during this period?

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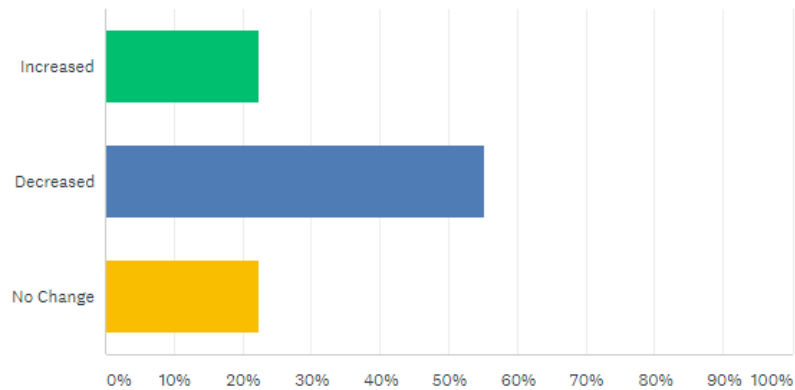


ANSWER CHOICES	RESPONSES
Yes	44.83% 52
No	55.17% 64
TOTAL	116

“This program can change lives, help reconnect you to your veteran family and increase the people in your support system.” ~ Purple Heart Mike C.

Have you increased or decreased physical exercise during this isolation period?

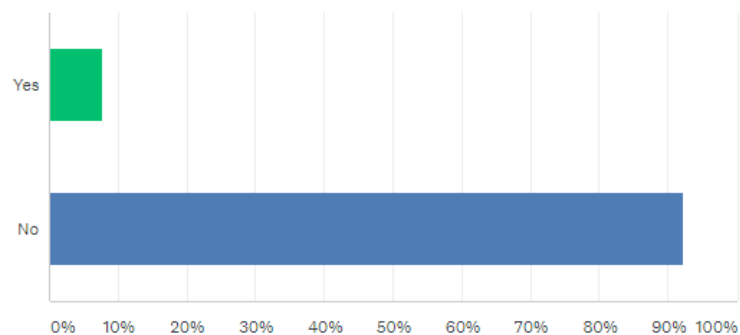
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ANSWER CHOICES	RESPONSES
▼ Increased	22.41% 26
▼ Decreased	55.17% 64
▼ No Change	22.41% 26
TOTAL	116

Have you had thoughts of suicide or harming yourself?

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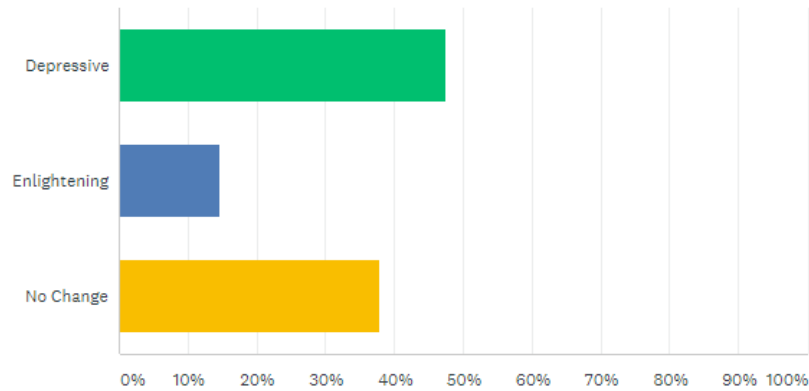


ANSWER CHOICES	RESPONSES
▼ Yes	7.76% 9
▼ No	92.24% 107
TOTAL	116

“I got my guys home safe from the war, but now I can’t always keep them safe from suicide.” ~ Purple Heart Patrick G.

Would you say your time staying at home has been more depressive or more enlightening?

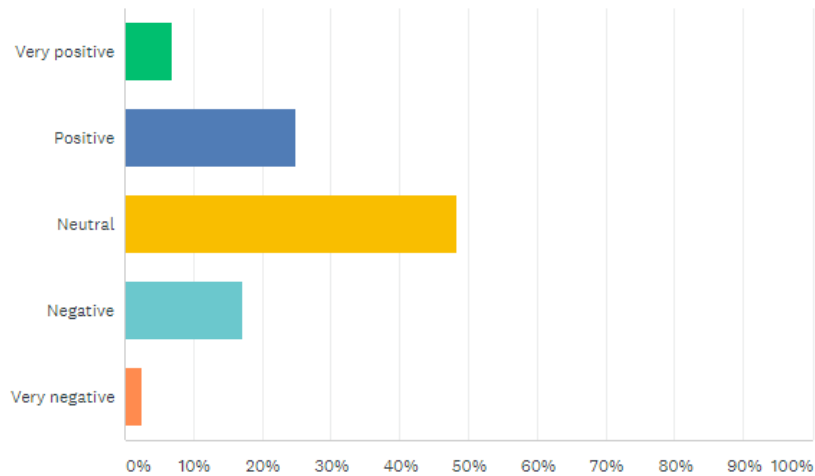
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ANSWER CHOICES	RESPONSES
▼ Depressive	47.41% 55
▼ Enlightening	14.66% 17
▼ No Change	37.93% 44
TOTAL	116

How would you rate your current mental health mindset?

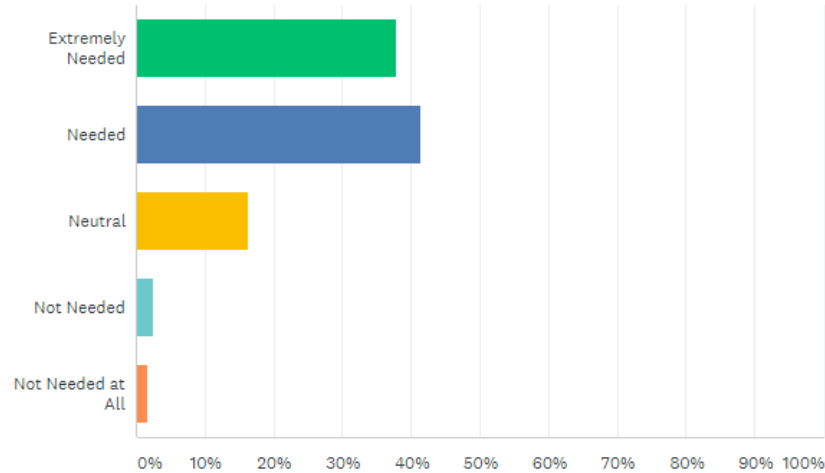
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ANSWER CHOICES	RESPONSES
▼ Very positive	6.90% 8
▼ Positive	25.00% 29
▼ Neutral	48.28% 56
▼ Negative	17.24% 20
▼ Very negative	2.59% 3
TOTAL	116

How much do you feel that you would need to get out on a Bonfire Retreat?

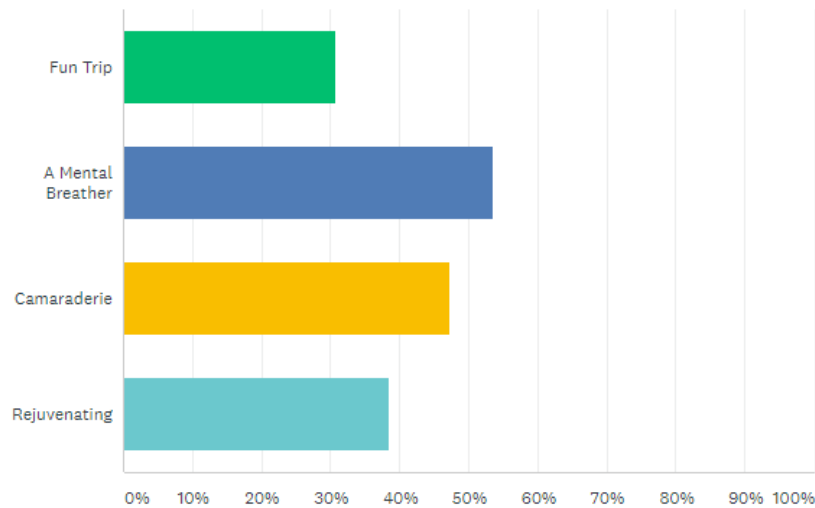
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ANSWER CHOICES	RESPONSES
Extremely Needed	37.93% 44
Needed	41.38% 48
Neutral	16.38% 19
Not Needed	2.59% 3
Not Needed at All	1.72% 2
TOTAL	116

Which description best fits what you get out of a Bonfire Retreat? Choose One

Answered: 114 Skipped: 2



ANSWER CHOICES	RESPONSES
Fun Trip	30.70% 35
A Mental Breather	53.51% 61
Camaraderie	47.37% 54
Rejuvenating	38.60% 44
Total Respondents: 114	